Parents,

March Madness continues. South Charlotte keeps winning!!! The Battle of the Books team, co-sponsored by Nelda Smith and Francie Estro won the district championship this past Monday. There will be a regional competition in April. Congratulations to the Battle of the Books team and we wish them well as they move on to the next phase of competition.

Congratulations to Mrs. Francie Estro. Francie will be recognized as the Outstanding New Teacher of the Year from UNCC. Francie was nominated by administration and her colleagues. She competed against education majors from UNCC that have graduated within the past three years. We are very proud of her accomplishments.

Monday is a snow make-up day originally scheduled as a teacher workday. It will be an A Day. Yes, two A Days in a row due to the fact that the day missed was an A day.

Today concludes third quarter. I encourage you to encourage your children to finish well this year. There are many students that could do much better if they focused on homework! We encourage you to check homework each night and to also monitor the time spent on homework. Students should spend no more than two focused hours on homework.

Enjoy the weekend and March Madness. Thank you for allowing us to serve your children each day.

Regards,

Lisa Bailes, Principal
**SHOCKER STANDOUTS**

Congratulations to Emily Bissette (6<sup>th</sup>), Josshua Parra Zambrano (7<sup>th</sup>) and Nanaka Matsuyama (8<sup>th</sup>)! They have been selected by teachers as South Charlotte Standouts for this week. South Charlotte Standouts are scholarly, honest, optimistic, caring, kind, energetic, and responsible (SHOCKER).

![Image of students](image)

---

**UPCOMING EVENTS...**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/31</td>
<td>REGULAR SCHOOL DAY A-Day</td>
</tr>
<tr>
<td>4/1</td>
<td>Rising 6th grade Parent Night</td>
</tr>
<tr>
<td>4/3</td>
<td>Rising 7th &amp; 8th grade Parent Night</td>
</tr>
<tr>
<td>4/8</td>
<td>Spring Pictures</td>
</tr>
<tr>
<td>4/9</td>
<td>6th grade Field Trip</td>
</tr>
<tr>
<td>4/10</td>
<td>7th grade Field Trip</td>
</tr>
<tr>
<td>4/14-18</td>
<td>Spring Break</td>
</tr>
</tbody>
</table>

**Rising 6<sup>th</sup> Grade Visit – April 1<sup>st</sup> at 9:30 (students only)**

**Rising 6<sup>th</sup> Grade Parent Night – April 1<sup>st</sup> from 6:30-8:00**

- Club/Organization Fair from 6:00-6:30
- General information about course registration and honors rubrics, with a presentation from our single gender teachers

**Rising 7<sup>th</sup> & 8<sup>th</sup> Grade Parent Night – April 3<sup>rd</sup> from 6:30-8:00**

- Club/Organization Fair from 6:00-6:30
- General information about course registration and honors rubrics, with a presentation from our single gender teachers
MR. THEILER

This is my first year at SCMS teaching 6th grade Math and Science. I started my teaching career 18 years ago in Orlando, Florida teaching 4th and 5th grade. After a few very hot summers I decided to move to Charlotte. In CMS I have taught at Collinswood, Endhaven and Community House Middle School. I spent the last seven years teaching in Union County at Hemby Bridge and Stallings Elementary.

I grew up in a small town outside of Toledo, Ohio called Perrysburg. I earned a Bachelor’s Degree from the University of Dayton and am currently working on my Master’s in Administration at Wingate University.

I have been married for eleven years to my wife Jennifer. We have two dogs and a cat. Lady is a yellow lab. We rescued her from a local shelter and she is very gentle and sweet. We recently got Macy, a sheltie, who is five years old and has a sweet playful nature. Our cat named Kitty is an indoor outdoor cat who loves to bring presents home to us.

In our spare time my wife and I enjoy traveling to Ohio, Wisconsin, Sunset Beach, and Pawley’s Island. In the fall and winter we watch a lot of football. On Saturdays we cheer for Ohio State and on Sunday it's the Carolina Panthers and the Detroit Lions. In the spring for college basketball we watch Ohio State and the Dayton Flyers. When I get the chance I also enjoy playing golf and tennis.
**SPRING PICTURES**

Spring pictures will be taken on Tuesday, **April 8** during 1st block only and will be called by grade level beginning with the 6th grade. Only those students who have their photo packet form completed and pre-paid will be allowed to have their photo taken. The LifeTouch photo packet forms will be sent home on Friday, April 4.

If you have any questions, please contact Mrs. Seaman at mary.seaman@cms.k12.nc.us.

---

**Attention all 7th Graders!**

Do you have what it takes to represent South Charlotte Middle as a member of the National Junior Honor Society?

Submit your application for consideration today!

Mrs. Yasurek, the NJHS faculty advisor, is currently accepting applications for **South Charlotte’s 2014-2015 Chapter of the National Junior Honor Society**. Students who are interested in membership will need to complete the application form in its entirety and submit it for consideration to Mrs. Yasurek in room 312 by the **April 10th due date**.

Copies of the application form are available in the front office.

The national Junior Honor Society is the nation’s premier organization which recognizes outstanding Middle School students who have demonstrated excellence in the areas of scholarship, leadership, service, citizenship, and character.

The standards for selection are established by the National Junior Honor Society of the United States and by the South Charlotte Middle School NJHS by-laws. As stated in the National Junior Honor Society Handbook, “Selection to the National Junior Honor Society is a privilege and not a right. Students do not apply for membership in the National Junior Honor Society; instead, they provide information to be used by the local selection committee to support their candidacy for membership.”

Materials submitted by the candidates will be reviewed by the NJHS faculty panel. Candidates will be notified of their status by early May.

If you have any questions, please email Mrs. Yasurek at alisa.wright@cms.k12.nc.us.
Have ever dreamt of building your own city? Have you ever dreamt of having a city named after you? The 8th grade French is doing just that! They are building their own French city with ice cream shops, public indoor swimming pools, their own McDo, specialty shops like “la charcuterie”, “la boucherie”, “la boulangerie et la patisserie”, and other specialty shops. Take French next year and you too will have your own city.
A Healthier You

Let us take steps to encourage our South Charlotte Middle School family to be the best we can be. Please share your favorite fitness/health app, heart-healthy family recipe and student/family active fitness photos by emailing entries to kristin.kissmann@cms.k12.nc.us

**ATTENTION PARENTS:  Electronics vs. Sleep**

On 3/24/14, WBTV news did a segment on the effect electronics have on melatonin levels which affect how the body goes into a restful, sleep mode. When electronics are utilized close to bedtime, melatonin levels do not rise as needed to signal sleep. Sleep, or lack thereof, affects attention span, behavior, critical thinking, obesity, the body’s ability to fight infection/disease, etc. This story is very informative and is definitely worth the 2 minutes needed to view the video segment. Consider a “trial run” to see if your student seems more rested, reports that they feel more confident or appears to function at a higher level throughout the school day.

http://www.wbtv.com/story/25060225/lack-of-sleep-can-be-blamed-on-electronics


---

**Try This…. iHealth**

http://www.ihealthlabs.com/ihealth_myvitals_app.htm

This mobile app allows you to manage your daily health by tracking vital statistics such as BMI, glucose, weight, calories burned, hours slept, heart rate, blood pressure, etc and share the results immediately with your doctor, family and friends.

---

**Eating out tonight?** Here are some dishes from local restaurants for under 500 calories.

1. **Lone Star Steakhouse**: 1/2 Delmonico steak and a side of steamed vegetables

2. **From Macaroni Grill**: 1/2 BBQ chicken pizza and a side of grilled asparagus

3. **Healthy Dinner from Olive Garden**: Venetian Apricot Chicken with mixed vegetables

4. **Healthy Dinner from Applebee's**: Tortilla Chicken Melt

---

**Eating in?** Here is a 15 minute recipe for under 500 calories. Italian Sausage & Veggie Pasta

**Ingredients**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 ounces uncooked whole-wheat pasta</td>
<td>1/2 cup chopped mushrooms</td>
</tr>
<tr>
<td>1/2 cup spaghetti sauce</td>
<td>1/2 cup chopped onions</td>
</tr>
<tr>
<td>1 pre-cooked Italian-style chicken sausage, sliced into rounds</td>
<td>1/2 cup chopped zucchini</td>
</tr>
<tr>
<td>2 garlic cloves, minced</td>
<td>2 tablespoons grated Parmesan cheese</td>
</tr>
</tbody>
</table>

**Instructions**

Cook pasta according to package directions. Heat spaghetti sauce, sausage, garlic and vegetables for about 12 minutes, until veggies are tender. Top pasta with sauce mixture and sprinkle with cheese.

http://www.fitnessmagazine.com/recipes/healthy-eating/nutrition/the-you-can-do-it-diet-dinner-choices/#page=1

The South Charlotte Battle of the Books team was victorious when they travelled to Spaugh Professional Development Center on Monday, March 24, 2014 to compete against three other schools, Randolph Middle, Northwest School of the Arts, and Southwest Middle. All of these schools are zone champions so we were playing the best of the best. We battled each school two times. Our students won every round except for one loss by two points and one tie. The scores from each round are added together to come up with the final cumulative score. We knew it was going to be close and when the final score was announced, South Charlotte students had squeaked by Northwest School of the Arts by three points. Students in Mrs. Estro's and Mrs. Smith’s 9th block class were asked read 26 books from a list published by the North Carolina School Library Media Association. Students had to answer questions such as “In which book do artists sketch an event for a newspaper?” The team would have twenty seconds to come up with the title of the book, *Iron Thunder: The Battle Between the Monitor and the Merrimac*, and the author, AVI. The team will now travel to ImaginOn on April 8th to compete in the Region 6 championship against nine other school systems. Team members are: Julia Chandler, Anuj Kalia, Hayastan Hensley, Hailey Carson, Claire Su, Caroline Jacobus, Gina Park, Ella Rohlinger, Daryl Shorter, Taylor Kerr, and Olivia Morrison.

“The purpose of the Battle of the Books program is to encourage reading by all students at the middle school level. Students, regardless of the ability are exposed to the quality literature representing a variety of literacy styles and viewpoints by prominent authors in the area of young adult literature. The game format creates interest and excitement in reading. Through the fun and excitement of the competition, students improve reading skills, mature in their choices of reading material, and acquire a broader knowledge base.”

NCSLMA Battle of the Books Manual, pg. 4
CLOTHING DRIVE

We need YOUR help! Ms. Holloway’s 9th Block fashion class is sponsoring a CLOTHING DRIVE! Donations will benefit the children of Liberia at The Daniel Hoover Children’s Village & The Oscar and Viola Stewart School for the Deaf.

♦ **SUPPLIES NEEDED:** Flip Flops, Boys cotton t-shirts: Sizes: children’s 3T-men’s large, Boys lightweight shorts: Sizes children’s 3T-men’s med, Girls sundresses: Sizes 3T-women’s size 12 (Clothing may be new or gently used).

♦ **Date of clothing drive:** March 19th- April 9th

Bring your donations to your homeroom class, and we will collect them for you! The homeroom, in each grade level, with the most donations will receive a popsicle party! Below are pictures of just some of the children who will benefit from your kindness and generosity. **Thank you for your support!**
Do you have general questions about your child’s high school transition? We can help!

**High School Parent Information Night**
Thursday March 20th
6:00 PM-7:30 PM--South Charlotte Cafetorium

Introduction- Jim Winnek and Elnita DaCosta (8th Grade Counselors)
Current CMS High School Principals, High School Counselors for general High School Questions

*****************************************************************************************************************

**Key High School Information Dates**

**3/31**—Final South Mecklenburg HS Parent Night at 6:00PM in the South Meck Auditorium. All the information you need to know about South Meck.

**4/1**—Providence HS Registration--Counselors from Providence HS will be here to do One on One registration with Providence HS students (8:45AM-11:30AM in the South Charlotte MS Media Center). We will call for students when it is their designated time to meet with counselors.

**4/23**—The Annual "Sabre Showcase" is scheduled for April 23rd, 2014 at 6:00 pm. This will be a chance for students and parents will be introduced to "all things South." Students and parents will be able to witness first hand some course offerings, clubs, organizations and learn about other opportunities at South Meck.

More High School registration information will provided as we receive it.

**Questions:** Please call Jim Winnek or Elnita DaCosta at 980-343-3670.

*Parents, please refer to the South Charlotte Middle School Student Services wiki page for updated information from our counselors concerning 9th grade registration.*
BOYS TRACK & FIELD

The Boys Track team has an update from their Track meet results from last week. There was a scoring error and the Boys team didn't finish 2nd as previously reported… they finished first with a win last week over McClintock & Northridge. In the next meet of the year (yesterday) they were successful in keeping the streak going with another win over AG & Southwest.

Some highlights included first place finishes by Fred Smith in the 100m, Justin Ernsberger in the 1600m, Kyair Dobbs in the 400m, Tomson Nystrom - 800m, Preston Taylor - 200m, Josh Patillo, Michael Hajduk, James Teague & Kyair Dobbs in the 4 x 200m relay. In the field events winners were Jack Decker in the Shot Put & Discus as well as Justin Brown in the High Jump. And last but not least was the 4 x 100m relay team of Josh Patillo, Preston Taylor, Kyair Dobbs & Justin Brown who won their race & broke the school record!

The following are also recognized for some of the biggest improvements on their PRs (Personal Records) in their events: Dylan Ta (Hurdles), Trey Harris (100m), Bryam Puello (Discus), Payton Smith (Shot Put), Michael Hajduk (400m) & both Fred Smith & Trey Harris (Long Jump).

The final score for the meet was South Charlotte 85, Southwest 24 & AG 17 improving South Charlotte's record to 4-0 on the season. Coaches Swistak & Sawyer are proud of the work ethic the team is showing and are looking forward to our meet next week against Quail at home. We hope to see everyone there on Thursday!

Go Shockers!
South Charlotte Middle School would like to thank Stephanie Sawyer, one of our parents, who works at **RUN FOR YOUR LIFE** for noticing our request for sneakers in the Shocker Friday Newsletter and bringing it to the attention of her employer **RUN FOR YOUR LIFE**.

Thank you, **RUN FOR YOUR LIFE**, for helping us encourage our students to engage in healthy, active lifestyles through your donation of running shoes to ensure 100% participation in Physical Education class.

Owner- Tim Rhodes
Run For Your Life- Piper Glenn
6416 Rea Rd, Charlotte, NC 28277
(704) 541-9665

Run For Your Life- Dilworth
2422 Park Rd, Charlotte, NC 28203
(704) 358-0713

Run For Your Life- Southpark
4722 Sharon Rd, Charlotte, NC
(980) 224-8702
SOUTH CHARLOTTE MIDDLE SCHOOL  
8040 Strawberry Lane  
Charlotte, NC 28277  
Phone: 980-343-3670  
Fax: 980-343-3725

Office Hours: 7:45 am—4:15 pm  
Phones answered from 7:45 am—4:15 pm

On-Line School Payments (OSP)  
CMS has provided us with the opportunity to accept payments for school events on-line. It is much like Athletics Pay-to-Play, comes with a fee (4%), and allows you to pay at your convenience. If you choose to pay on-line, it also relieves our teachers from the time taken to do the paperwork and to receipt and turn in money or checks. Teachers will continue to take cash and checks as they always have.

Just sign in to: osp.osmsinc.com/CMS  
Choose your student’s event and homeroom teacher, and make payment.  
The teacher and Financial Secretary are sent advisements of your payment.

We hope you will take advantage of this opportunity. It is rolling out in all CMS schools this year. Through the year, events will be added including field trips, textbooks, fees, and other payments.

Please remember to re-link your Harris-Teeter VIC card!  
Our TIE number is 1933.  
Ask your cashier or you can do it online (with your VIC card#)

http://www.harristeeter.com/community/together_in_education/  
link_to_your_school.aspx  
(Each card can be linked to up to 5 schools)

TUTORING

♦ Miss Butler is offering tutoring for students taking Standard Plus Math or Algebra I. Contact Miss Butler at c.warner@cms.k12.nc.us.

♦ Mrs. Titus is offering tutoring for Language Arts and Social Studies. Contact Mrs. Titus at tri.cia.titus@cms.k12.nc.us.

♦ Miss Raffensperger is offering tutoring for students taking Standard Plus Math or Algebra I. Contact Miss Raffensperger at jessicar.raffensperger@cms.k12.nc.us.

♦ Creative and effective Tutoring for 6th and 7th Graders! Contact Mr. Brown, a South Charlotte MS 7th grade educator, Science Olympiad Coach, and Agent Einstein STEM Summer Camp Director. Keep your child performing well all year long! Email: scottta.brown@cms.k12.nc.us or call 704-622-3624

♦ Miss Oaks is offering tutoring in Language Arts and Social Studies. Contact Miss Oaks at abigails.oaks@cms.k12.nc.us.

♦ Mrs. Gallagher will offer private tutoring after school for Language Arts. Parents can contact her here at lisab.gallagher@cms.k12.nc.us.

♦ Mr. Getsinger a teacher with 17 years of experience teaching World and American history, English language and study skills is available to begin tutoring students in the sixth, seventh and eighth grades. If your child is having problems getting the grades you know they are capable of and you wish to see them fulfill their potential, please email me at norman.getsinger@cms.k12.nc.us. Thank you and I look forward to working with you.

♦ Ms. Conlan is offering math tutoring. Please contact her at karenw.conlan@cms.k12.nc.us.

In compliance with federal law, Charlotte-Mecklenburg Schools administers all education programs, employment activities and admissions without discrimination against any person on the basis of gender, race, color, religion, national origin, age or disability.