



# MEN'S SOCCER SUMMER WORKOUTS 2021

**BRING RUNNING SHOES AND CLEATS TO ALL WORKOUTS/PRACTICES**

## JUNE

Days	7-10	Mon-Th	8-11 a.m.
	14-17	Mon-Th	8-11 a.m.
	21-24	Mon-Th	8-11 a.m.
	28-July 1st	Mon-Th	8-11 a.m.

## JULY

Days	5-8	Mon-Th	DEAD PERIOD NO workouts
	12-15	Mon-Th	8-11 a.m.
	19-22	Mon-Th	DEAD PERIOD NO workouts
	26-29	Mon-Th	8-11 a.m.

## AUGUST

Days	2-4	Mon-Wed	Tryouts for JV and Varsity 8-11:30 a.m.
	5 <sup>th</sup>	Th	Varsity Scrimmage 5:30 pm JV Practice TBD
	6 <sup>th</sup>	Friday	Varsity Practice 8-11 a.m. JV Practice TBD
	9-10	M-Tu	Varsity Practice 8-11 a.m. JV Practice TBD
	11	W	JV Scrimmage 4:30 Varsity Scrimmage 6:00
	12-13	Th-F	Varsity Practice 8-11 a.m. JV Practice TBD

Regular Season Practice and Games start from here. No practices prior to 2:30