

## **SCHOOL DIABETES MANAGEMENT** Supplies for 2012-2013 School Year

Student Name:  
Grade/Teacher:

### **PLEASE BRING ITEMS TO SCHOOL ON OR BEFORE THE FIRST DAY OF SCHOOL.**

Your School Nurse can be reached at phone number 980- .

- Provide information about your child's diabetes to the school nurse, teachers, & other staff who work with your child.
- Complete the "Diabetes Care Plan" form, including doctor's orders.
- Parent/caregiver must obtain doctor's order; these are necessary even if your child is to be independent in their care of their diabetes while at school. The doctor's order should indicate if your child can do any part of his/her care.
- Provide school with updated contact numbers, including current home/work/cell phone numbers and names and numbers of emergency contacts.
- Bring equipment for blood glucose monitoring. This includes **meter, strips, & lancets.** **(Please make certain meter is calibrated for accuracy.)**
- If insulin injections are needed at school, please bring insulin pen(s)/needles or insulin & insulin syringes.
- If your child has an insulin pump, please provide extra insulin cartridges, extra tubing, back-up insulin & syringes.
- Bring Ketostix (if doctor's order indicates that this is to be checked at school).
- Bring emergency meds such as Glucagon (if ordered) &/or instant glucose or cake decorating gel.
- Snack suggestions for low blood sugars are:
  - a. 4-6oz juice boxes
  - b. Glucose tablets
  - c. Cheese & crackers
  - d. Fruit-roll ups, raisins, Skittles, or other quick sugar

**SUGGESTION:** A plastic pencil box or large Ziploc bag marked with their name is a handy way to store snacks and supplies in each of your child's classrooms, with an extra set or two for the main office/health room as back-up. Parents are responsible for checking and replacing snack supplies.

**Remember: the cafeteria is only open during breakfast and lunchtimes.**