

Hello Hornet Families,

Hornets! Are you interested in earning a \$25 Amazon gift card? All you have to do is complete Beable lessons during the break (November 22 - November 26). For each lesson you complete in Beable, your name will be entered into a raffle for the gift card. The more lessons you complete, the more likely it is that you will win! If you'd rather win dinner and a movie with someone you appreciate, simply complete the Thankful Poll. The best 3 entries will win! Let's make it count, Hornets!

Fall makeup pictures will be taken on Monday. If you are interested in purchasing your child's pictures, go to <https://my.lifetouch.com> and create an account using your child's school ID number.

In an effort to support student mental health, we are excited to inform you that a CMS Suicide Prevention Lesson will be taught to all 6th and 7th graders at Albemarle Road Middle during the 2023-24 school year starting in November. With the three steps Look-Act-Say (LAS), anyone can learn to help prevent suicide. The mission of the lesson is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. Students will learn the warning signs of suicide and depression and how to reach out to an adult for help. There is a mental health screener available as part of this lesson; to opt your child in, click on the "Health Screening Opt-In Form" box at the bottom of the [Parent's Bill of Rights](#) page and complete the form or go to bit.ly/cmshealthform.

Parents, please help your child remember to come to school daily with their chromebook and charger. This will help us ensure every student has access to all lesson resources.

Families, in this season of Thanksgiving, we want you to know how thankful we are for you and all that you do to support our Hornets. We hope you have a restful holiday. We hope that you and your family have an amazing break and we will see all students back at school on Monday, November 27.

There will be no school on Wednesday, November 22 – Friday, November 24 in observance of the Thanksgiving holiday.

Have a great Sunday!